



Baronial News Online During Quarantine Times - 4/5/2020

News of the Realm

Their Majesties have announced that a virtual court will be held to continue business of the Realm. Please join in on Saturday April 18 at 6:30 EST. Hosting platform to be announced.

Their Royal Highnesses posted a video to announce that, unfortunately, Coronation is canceled. A small event (under 10 people) will still be held to coronate TRH, which will be live-streamed on May 2. Other Kingdoms have explored this option, including Atlantia whose coronation was streamed on YouTube on April 4..

Midrealm Crown Tournament is still expected to be held on May 23. Further determination will be made by the Kingdom and Society closer to the event. If Crown Tournament cannot be held at that date, the plan is to postpone it.

SCA membership - During the mandated quarantine period, membership expiration dates of March 2020 onward will not be considered lapsed, and newsletter access will still be available. This means if your membership would have expired during the quarantine period (however long that turns out to be) your membership will show as active in the database. If you have subscriptions to *Tournaments Illuminated* or *Compleat Anachronist* you will need to contact membership@sca.org to extend the subscription. Please see the full announcement from the SCA Membership Office: <https://www.sca.org/news/membership-expiration-dates-to-be-extended/>

Note - In Ohio the stay-at-home order was extended until May 1, 2020.

SCA Challenges!

Savage Daughter Project - You don't have to have a daughter or be a daughter, this refers to a song by that name. Record yourself performing the song for a collaboration. - <https://www.facebook.com/groups/thesavagedaughterproject/>

Society Art Challenge - Inspired by Rijksmuseum and @tussenkunstenquarantaine on Instagram. Choose your favorite artwork and recreate it using three things lying around your house. To find artworks, check out online collections from all of the amazing museums and galleries that make content available online. Share a post and tag it #SCAartChallenge for #SCAatHome.

The Society has a fun challenge of #SCAathome where people use the hashtag to share what they're doing at home to continue living The Dream, and time also connect with other SCAdians across the Known World. It's a fun way to stay connected and actively participating from the safety of your home. People can share anything with this hashtag- from projects (like garb, leather, wood, cooking, etc), bardic performance pieces, pell practice at home, exercises for fencers, etc. and be able to connect with others.

Lord Rojhon has issued a Blanket Fort Challenge! Build a blanket fort and share a photo on Facebook or email it to youth@cleftlands.org.

Arts & Sciences *(Thanks to Lady Shahzada for the heads up!)*

The SCA Virtual Classroom and Artisan Display Facebook group has been holding many classes over a broad interest area from instructors hailing from around the Knowne World. The group mostly utilizes Facebook Live, but also sometimes Zoom. It's worth joining the group and checking out the classes!

The Royal University of the MidRealm (RUM) continues to host multiple class offerings via Facebook live and sometimes through Zoom. They have had classes covering a wide variety of topics taking place throughout the week. There are two ways to stay updated:

- RUM Community (Facebook group), and Royal University of the Midrealm (RUM) (Facebook Page). They do share a link to a Google drive calendar of events that usually have links to the classes. For the Facebook live classes, attendees would need to have a Facebook account.
- Link to Google drive calendar: https://docs.google.com/spreadsheets/d/111-K3IIM958tlh_yiYj2L_-5sDZXjyEIS-3W4bX6gpdU/htmlview



Upcoming Classes for the Week of April 6 through April 13

April 5 7pm EST - The Courtier - <https://www.facebook.com/events/210202017061915/>

April 6 7pm EST - Introduction to Verre Eglomise - <https://www.facebook.com/events/1088504841507219/>

April 7 7pm EST - Kievan Rus Clothing 101 - <https://www.facebook.com/events/240816000383264/>

April 8 7pm EST - Bardic is Storytelling - <https://www.facebook.com/events/205079944114437/>

April 9 7pm EST - Kievan Rus Clothing 102 - <https://www.facebook.com/events/257265981945978/>

April 10 7pm EST - A Look at the Knightly Virtues - <https://zoom.us/j/244683869?pwd=cGNmL2RN-T3l5RFYzVGFMmB5L3lQUT09>

April 11 7pm EST - Brief history of the Elder Futharc, how to write and carve them - Facebook Live

April 13 7pm EST - Pysanky Eggs - FB Live stream of <https://www.youtube.com/watch?v=WubS6xsV78A>



Tips for the Combat Arts

Hey, Pennsic is still on (fingers crossed) so keep war-ready!

Armored Combat: A few upcoming classes from Captain Duncan:

April 11 1pm EST - The S.M.A.C.K. Talk - Sword manuals and the theory behind fight approach. <https://zoom.us/j/136605568?pwd=OG4yUEDzNUNYbW50UXpYc-mw5OHA1QT09>

April 11 3pm EST - How to interpret and enact sources covering years and compare them to the realities of SCA combat.

How to make a pell, from Duke Eikbrandr: https://lookaside.fbsbx.com/file/EIKBRANDR-PELL%20%281%29.pdf?token=AWyzB5PJQWoW6ztJIB74F-ntjQeM_ejXloT9WLnLEbNT7vVwdS_YPIHQbdgy22Sx9gNhLsunbZE7pG-7SMEQ5Sk6-l0XX-ylm-4ohsXBFChh6v3sjFKa9wi4QYNlfiyF6BfHHO5QJYhHR4Rhh6UvHj58X-hHlj6GaqAYg-pySSUO1xWPA

Fencers: Don't forget about the challenge from Lady Livith in the Kingdom of Caïd - 30 lunges a day, with focus on measure.

The Kingdom of Lochac has some guides for fencers, including this one about Ideas for Fencers with Mobility Issues: <https://rapier.lochac.sca.org/index.php/Henry-movement-isnt-everything>

Archers - Here are some suggested exercises to do to keep swol for the bow: <https://www.archery360.com/2017/08/29/5-strength-conditioning-exercises-for-archery/>

This Week's Virtual Resources

Museums that have gone virtual and have medieval art for the SCA art challenge:

Cleveland: <https://www.clevelandart.org/art/collection/search?filter-department=Medieval%20Art>

The Uffizi in Italy: <https://www.virtualuffizi.com/map-%26-virtual-tour.html>

The British Museum: <https://britishmuseum.withgoogle.com/>

Rijksmuseum of the Netherlands: <https://artsandculture.google.com/partner/rijksmuseum>

National Gallery: <https://artsandculture.google.com/partner/national-gallery-of-art-washington-dc?hl=en>

Index of Medieval Art at Princeton University: <https://theindex.princeton.edu/>

Call for Content

There are a lot of things going on, and we want to make sure there's a central place to get information from posts that might get buried, or resources that might not be shared.

If you have any info to share - an upcoming virtual gathering, activity ideas, or a great website, please contact me - clariciadlm@gmail.com.

Thank you and stay well!

5 Questions for Cleftlanders

Meet Badger Bagbane (mka William Lahman)

What are your two main activities in the SCA?

If I had to pick two, they would be fencing and recovery. When I dropped out for 20 years due to living in a beer bottle, fencing was something new and was getting a lot of push-back. When I got back in 5 years ago, I was amazed to see the amount of fencing that was done. People who I remember looking down and nay-saying that it would never take off, were themselves fencing. It is a great sport because someone my age can go toe-to-toe with someone much younger. It is easier on the body than heavy and I am not coming back with as many bruises as I used to.



The main reason I got back into SCA was my recovery from drinking. As an alcoholic, I need something in my life to keep me occupied. Dropping out was one of the worst decisions I made. I left a lot of friends. When I say, 'left' I mean that I didn't lose them. When I came back most welcomed me with open arms. I am very active in recovery because the SCA is more than just putting on funny clothes and drinking at night. I attended Pennsic 8 months after I became sober. Several people asked me if I had any trouble? I looked at them and said, 'Why'? I will admit my last Pennsic was one filled by a lot of alcohol. I didn't do much other than drink. When I went to Pennsic, I discovered that those "fun parties" weren't that much fun. It was basically a lot of drunk people slurring their words. I did discover that there are a lot of other parties, while not as booze-filled, were more fun and interesting. I started the 'Recovering SCAdians' group as a means of networking people who are also in some sort of recovery. It is a way to make sure that if you are having issues at an event, there might be someone you can talk to.

Who introduced you to the SCA?

Robert de Cleftlands introduced me, you can blame him. It was the spring of '82 and Robert was down at University of Cincinnati. He ran into this medieval group. Robert was part of the D&D group from high school. Since I couldn't get a date for my prom, I decided to spend that weekend down there and go to the Barony of the Flaming Griffin's baronial championships. That was my first event ever.

What makes Cleftlands special?

I feel like Rip Van Winkle. 20 years makes a huge change. When I left, to do research, you still had to write to museums or universities. There was no access like there is today. You had to go to certain large events for armor, or stuff. When I came back, I was amazed at how much Cleftlands had grown. All the guilds that we have and the diversity of the people. When I left, there was a murmur about Cleftlands being large enough to be its own principality. I don't think we had enough artisans back then, but today I could see it happening.

Describe your pets.

Loud, feathered and colorful.

How do you define honor?

Honor is doing what is right without regards of receiving any accolades. John Wayne's characters always had honor even if the man himself didn't.

Crafting in Quarantine - Blow the Dust Off That Recorder!

By THL Jolicia atte Northclyfe

Many of us have period instruments that we don't get to play as much as we'd like. If you are looking for a constructive way to use your time during the coronavirus hiatus, and you have a neglected recorder around the house, I suggest dusting it off and learning to play it.

The recorder is the perfect entry-level instrument for period music. Here are some reasons why:

- The recorder is period. Fourteenth-century recorders survive from Gottingen, Germany; Esslingen, Germany; Tartu, Estonia; and Nysa, Poland.
- It's affordable. You can get a good-sounding plastic Yamaha soprano recorder on Amazon for less than \$25.
- It's easy to play; all you need to do is blow! You only need to know about a dozen notes in order to play many simple period tunes.
- If you played music as a youth, all that knowledge is still in your brain – promise! You'll be surprised how many aspects of reading music you'll recall.

The recorder is part of a family of woodwinds known as fipple flutes or internal duct flutes; these are whistle-like instruments. The family of instruments includes the tin whistles. The mouth of the recorder is made of a wooden plug, called a block or fipple, and it has a window or labium.

What distinguishes the recorder from other flutes is that the recorder has holes for seven fingers and one for the thumb of the uppermost, or left, hand. The lowest one or two holes are doubled to make it easier to play low semitones. Recorders also have a slightly tapered bore, with its widest end at the mouthpiece.

The recorder achieved great popularity in the 16th and 17th centuries. This development was linked to the fact that art music was no longer the exclusive domain of nobility and clergy. The advent of the printing press made it available to the more affluent commoners as well. During the Renaissance musical instruments were principally used in dance music and as accompaniment for voices. During the 15th century, instrument makers began producing choirs (or consorts) of recorders and other instruments in many sizes.

Recorders were played in consorts, or groups of musicians playing the same type of instrument, and families of instruments of various sizes. For recorders, this meant the sopranino, soprano, alto, tenor and bass, from highest-pitched to lowest.

Ready to become a recorder player? Here are some tips and links to get you started:

If you don't already have one, you need to buy a soprano or alto recorder. The alto is a bit larger, has a deeper tone and is more expensive than the soprano. The soprano and alto have different fingerings for the same note. Most people concentrate on learning one or the other when they are starting out.

Soprano recorder:

https://www.amazon.com/Yamaha-YRS-23Y-Soprano-Recorder-Natural/dp/B0014ZG676/ref=sr_1_4?crid=37E15NYZ033ID&dchild=1&keywords=recorder+instrument&qid=1585866749&s=musical-instruments&sprefix=recorder%2Cmi%2C159&sr=1-4

Alto recorder:

https://www.amazon.com/Yamaha-YRA-28BIII-Alto-Recorder-Key/dp/B000FJ1NWA/ref=sr_1_2?dchild=1&keywords=recorder+instrument+alto&qid=1585866846&s=musical-instruments&sr=1-2

Now you need a fingering chart that will tell you how to finger the notes. One will come with your recorder, or look online for one that suits you better. The soprano and alto fingerings are usually on the same sheet.

You also need music. This Mel Bay book has some lovely tunes that are easy to play:

https://www.amazon.com/Recorder-Book-Medieval-Renaissance-Music/dp/0871666731/ref=sr_1_4?dchild=1&keywords=medieval+tunes+recorders&qid=1585867424&s=musical-instruments&sr=1-4-catcorr

Blow the Dust Off That Recorder - Continued *By THL Jolicia atte Northclyfe*

Here's another you might enjoy:

https://www.amazon.com/Mel-Medieval-Renaissance-Music-Recorder/dp/0786625473/ref=sr_1_1?d-child=1&keywords=medieval+tunes+recorders&qid=1585867369&s=musical-instruments&sr=1-1-catcorr

I have some advice about practicing. It's true that most of us have busy lives (when we're not in lockdown) and it may seem impossible to fit in practicing. The good news is that even if you have very little time, you can still make progress. As little as 15-30 minutes can do the trick.

Pro practice tips:

- Choose the same time every day. Choose a time that fits with your natural rhythms. If you're not a morning person, don't try to practice at 8 am.; it's probably not going to happen.
- It's OK to do a short practice if that's all you have time for. Something is better than nothing. Try longer practices on the weekends.
- Start a practice journal to keep track of when you practice.
- Set a goal. It might be to play one song for your spouse or friend in one month's time.
- Lastly, please feel free to turn to me, or the other members of the Northern Oaken Recorder Ensemble for help. Our members are happy to give advice, and we love welcoming new members.

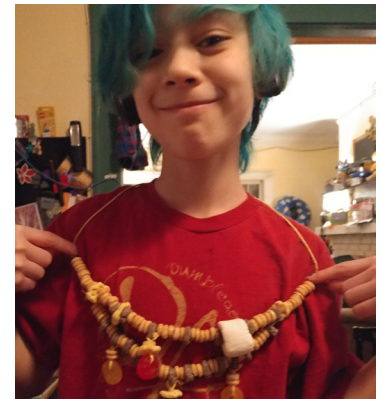
Now start making music!

From the Minister of Youth

Looking for appropriate reading materials for your kids ages 12 and younger?

<https://www.getepic.com/> is offering its service for free through the end of June and has several SCA-friendly options. In there, the Sir Cumference books are full of puns and knowledge. Also check out the three Guides to aspects of the Middle Ages by James Bow on the Epic platform.

We are also working on plans to have some of our youth interview some of our long-time members via video conferencing software to record and pass along the living history of our Barony. The expectation is that any youth will have a parent or guardian listening in on the interviews (two-deep rule applies here as well!) and that these will be recorded in full then turned into a written interview as well as an edited video for sharing with our community.



If you need a little more interaction for your kids, Lady Zofia is offering to drop off a bag of supplies for crafts, set up video chats, and even provide help with online schooling.

If you'd like more information about, or to participate in, any of these activities, or if you have ideas for SCA-related youth activities or content for the new minimedievalists.com website, please contact Lady Zofia at youth@cleftlands.org.

This Week in History

April 6 1199 - King Richard I of England is killed by an arrow at the Siege of the Castle of Chalus in France.

April 7 1141 - Empress Matilda becomes first female ruler of England.

April 8 563 - Gautama Buddha, founder of Buddhism, is born.

April 9 1231 - Mongols defeat the Poles and Germans at the Battle of Liegnitz.

April 11 1512 - The forces of the Holy League are routed by the French at the Battle of Ravenna