



A Cleftlands (Middle Kingdom) Newsletter - 8/30/2020

News of the Realm

SCA News -

- If you wish to donate directly to the Society, here is some updated information to do so: <https://www.sca.org/donate-to-the-sca/?fbclid=IwAR0zr3V6NdD5QbwkJ3tnRyQO0sl45tRU6DYA5bzknJGTIavrWM4iN1NNfMw>

Kingdom News

- A Royal Court was held on August 29 - Congratulations to all those recognized! Watch it here: <https://youtu.be/VAXrU5Jf9Kk>

Baronial News

- **Reminder - diversity classes wanted!** Their Excellencies are looking for people to create or share virtual classes on topics of diversity throughout period history. Please contact them with your ideas.
- **Noblesse Largesse Exchange** - Baroness Angharad, Minister of Arts & Sciences, is organizing a gift exchange. Please see the next page for details.
- **Cooks' Challenge: Michaelmas (preserved food)** - Baroness Angharad, Minister of Arts & Sciences, is also encouraging everyone to make a preserved food during the month of September and share it. See details on page 4.

History Podcasts

By THL Jolicia atte Northclyffe

There are podcasts for every interest and topic you can think of, including podcasts that exclusively focus on medieval and Renaissance history. If you'd like to sample them, here's a list to get you started. Many of these podcasts also link to blogs and reading lists for additional information about the topics discussed.

There are also general history podcasts that do occasional episodes pertaining to our historical period, but they are not included in this list. You can find podcasts via Google searches, Google Play or Apple Podcasts. For a more extensive list of history-related podcasts, go to <https://player.fm/podcasts/Medieval-History>

The History of the Vikings podcast

Host: Noah Tetzner

Vibe: The History of Vikings is "dedicated to retelling the incredible history of the Viking people, and the gods they worshiped."

Recent episodes: The Vikings in Russia, Warfare in Medieval Iceland, Women of the Viking World.

<http://thehistoryofvikings.com/>

History of the Copts

Host: Jonathan Adly

Vibe: This is a deep dive into Egyptian history.

Recent episodes: Ibn Tulun Consolidating His Rule in Egypt, The Reign of Pope Joseph, the 52nd Patriarch of Alexandria; The Destruction of Alexandria.

<https://hxofcoptsodcast.wordpress.com/category/episodes/>

Continued on page 4.

Cleftlands Crafts - Pandemic Noblesse Largesse Exchange

By Baroness Angharad ferch Tangwystl, Cleftlands Minister of Arts & Sciences



Let's organize Cleftlands Noblesse Largesse exchange this winter. These swaps are like a Secret Santa: every participant completes a survey of interests and likes. Then you receive someone else's name and survey information, and makes something for them, secretly. Then there's the great "reveal" where gifts are shared and identities revealed. We've previously done our exchanges at the Cleftlands Yule revel: in the absence of our usual meetings, exchanges must be done by mail or personal delivery: though it would be nice to gather on the first Wednesday of January to actually unwrap and share the largesse.

If you want to participate, please complete a survey, here: <https://forms.gle/YZCy94QkYfAr3Nhb9>.

Noblesse Largesse Rules/FAQs

By Baroness Konstantia Kaloethina (Rachel Ost), edited by Mistress Elizabethe Alles (Ashley Smith) and Baroness Angharad ferch Tangwystl (Elizabeth Estep).

Noblesse Largesse swaps are an adaptation of gift exchanges like a Secret Santa. Every participant is randomly given the name and information of another. Then each participant makes one gift, and receives another. Due to the pandemic, deliveries need done by mail or hand-delivery. However, we can share the unwrapping via Zoom.

- Deadline to sign up: Mon, 7-Sept.
- Recipient information distributed by: Sat, 12-Sept.
- Deadline to drop out: Tue, 24-Nov)
- Projects due to recipients: by 2-Jan.

Rules

1. Have fun. Don't make something that will make you unhappy. Your recipient will, in all likelihood, adore it. So don't stress out too much about the object.
2. Get your object finished in time to mail by 19-Dec, or hand delivery by 2-Jan. Time management is your friend.
3. Tangible items, please. We want everyone to be happy with their object. If you are someone with musical/bardic/wordsmithing tendencies, please create something tangible. If your gift is a performance, consider a scroll with the words or lyrics, or maybe a CD or DVD of you performing. Getting cool stuff is awesome.
4. Mum's the word. To your recipient, that is, until the great unwrapping. Secrecy is part of the fun. If you have to ask your recipient a question, contact me as your swap coordinator (baronessangharad@gmail.com) and I'll ask for you. I'll be the only one who knows the matched list of artisans and recipients, which brings me to...
5. Make sure you have a working email account. I need to be able to ask you any questions that might come up. Please, please, please, don't be afraid to talk to me if you have a problem, question, delay, or concern. I'll send you your recipient information as well as any questions from your artisan through email.
6. Take photos. Take some time to photograph your item before giving it.. Think of it as your own personal documentation. Your artisan will also want to see you smiling wearing or holding what you receive. So, please, take a photo when you receive your item, too.
7. It is an obligation. Really, it is. Don't get me wrong, this is supposed to be fun. But, inasmuch as it's supposed to be fun, it's also nice to get something for all your hard work. So, please, if you absolutely have to drop out, please pay attention to the deadline dates to drop out. We don't want people making gifts just to not get one in return, because that is not fun. We will do monthly check-ins with artisans to help keep everyone on track.

FAQs

So, how is this supposed to work?

Fill out the survey at <https://forms.gle/YZCy94QkYfAr3Nhb9>. I'll randomly match up participants, then send everyone the info from their recipient's survey. The information from their recipient questionnaire. You decide what to make for them. Identities are revealed when gifts are exchanged.

I love this idea! Can I steal it?

According to Konstantia, "Emphatically YES." I [Mistress Elizabethe] "stole" it from her after joining in one of the inter-kingdom swaps. So I'm now stealing from Mistress Elizabethe.

Continued on next page.

For the Combat & Ranged Arts

Armored: Making a Pell for Skill Training:

<https://youtu.be/XkjVfjlgp1w>

Duke Eik's Longsword 3 Advanced Techniques:

<https://youtu.be/wOe-PRTOidI>

Duke Eik's Single Sword Wrist Snap:

<https://youtu.be/TOqsOPo68O0>

Fencers: Warder Velvet's Videos:

<https://www.facebook.com/msrlapin/vid-eos/10220613221894276>

Youth Rapier: Disengage:

<https://www.facebook.com/1046572331/vid-eos/10220546154497633/>

Pirate Cutlass 2: Guards & Ripostes:

<https://www.facebook.com/1046572331/vid-eos/10220546219779265>

Call for Content

We want to make sure there's a central place to get information and see posts that might get buried, or resources that might not be shared.

If you have info to share - an upcoming virtual gathering, activity ideas, or a great website, please contact me: clariciadlm@gmail.com.

Thank you and stay well!

5 Questions for Cleftlanders - Lady Jocelin D'Eyncourt (mka Jennifer Bole) (she/her)

1.) How did you get find the SCA?

I knew about the SCA (just the wartime fighting part) for decades, though work, home, kids, university, and church consumed my life, so never gave it a go until just over 2 years ago per the invitation of Lazlo (Jeff Hadsell).

2.) What are your two main activities in the SCA?

Armored fighting & Armorsers' Guild, so far.

3.) Tell us about your experience as a lady fighter new to the SCA.

I wanted to fight in big battles. I had no idea tournament fighting existed (nor of The Known World and its kingdoms and tournaments). The Pennsic mountain battle was exhilarating! You can and will get hurt!

4.) What is your favorite book set in period, and why?

The Canterbury Tales by Geoffrey Chaucer because they're brilliant stories full of wisdom and provide rich insight into society and the cultural norms of the time. Chaucer is near the top of my list of historical persons whom I'd spend a day with, given a time-traveling opportunity.

5.) What is one thing you'd like people to know about you?

My chosen surname D'Eyncourt is ancestral, as Walter D'Eyncourt joined William the Conqueror in the Battle of Hastings in 1066.



Pandemic Noblesse Largesse Exchange - continued

What do I do when I get my recipient's information?

Read it. Mull it over. Do a little bit of research, if you'd like. Make them something cool. Bask in the glory when they receive your gift.

Is documentation required?

No. It is encouraged, but not required.

Is there a limit on what I should spend to make my project?

Please limit yourself to no more than \$25 for materials.

I don't live in the Cleftlands. Can I participate?

Do you play regularly with Cleftlanders and consider yourself a citizen of the Barony? Can you get your gift to a Cleftlands resident in time? If "yes", then come play. If you can't, there are other swaps going on or you could start your own.

What if I, at the last minute, can't get deliver my gift on time?

Let me know ASAP and we'll try to figure out a solution.

Where can I find the timelines for when things are due?

Dates will be posted on the Baronial Facebook group, and the calendar on the Baronial website.

- Deadline to sign up: Mon, 7-Sept.
- Recipient information distributed by: Sat, 12-Sept.
- Deadline to drop out: Tue, 24-Nov.
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How can I reach someone if I have a question?

My email is baronessangharad@gmail.com or find me on Facebook.

History Podcasts - continued

The Medieval Podcast

Host: Daniele Cybulskie

Vibe: This podcast, produced by Medievalists.net, talks about the medieval world, from Byzantium to the Vikings.

Recent episodes: Medieval Monks, The Murder of Charles the Good, Romance of the Three Kingdoms.

<https://player.fm/series/the-medieval-podcast>

Talking Tudors

Host: Natalie Grueninger

Vibe: This is my favorite podcast. It's like chatting about all things Tudor with a knowledgeable friend over tea.

Recent episodes: A series about Anne Boleyn, Chivalry and Courtly Love, the Golden Hinde, The Practice of Letter-writing.

<https://talkingtudors.podbean.com/>

True Crime Medieval

Hosts: Anne Brannen and Michelle Butler

Vibe: "1000 years of people behaving badly."

Recent episodes: The Murder of Edward II, Crimes Against the Jews, The White Ship Disaster, two-parter on the Princes in the Tower.

<https://www.buzzsprout.com/662995>

From the MoAS - Cooks' Challenge: Michaelmas



The traditional English harvest season ran from Lammas (Aug 1) to Michaelmas (September 29). As here in the Midrealm, a harvest season naturally leads to a preserving season. This September, preserve food against the winter famine; then share info about what you've harvested and preserved with the rest of us. It doesn't matter what your preferred preservation technique is: salting, drying, canning, potting, smoking; or what your harvest is; fruit, vegetables, spices, meats. Just inspire us all with your well-planned winter larder by posting pictures, and recipes (pretty please?) to the Facebook event, or by email to me at BaronessAngharad@gmail.com

I'll be harvesting your pictures and recipes throughout the month of September, and will share the results with everyone after Michaelmas.

Virtual Classes for August 30 through September 13 -

- Sunday, September 6 7pm Eastern - Mind in the Match: Mental Preparation for Martial Arts: <https://zoom.us/j/99429329411?pwd=TmlScGUvTWdNN1J3cXRZbS9UUVB4dz09>
- Monday, September 7 7pm Eastern - Feeding the Fencer Sport Nutrition: <https://zoom.us/j/98701579239?pwd=YzlZZU1aRTZTQWoxdTdnZFZhV1lhZz09>
- Tuesday, September 8 7pm Eastern - Deep Dish Pedagogy How to Improve Your Local Fighter Practice: <https://zoom.us/j/95777415991?pwd=aHFCVE1kUVFIOHp6WXJoNlFoVDIIQT09>
- Wednesday, September 9 7pm Eastern - Tips for Teachign a Better A&S Class: <https://zoom.us/j/92116981104?pwd=WEk4WVhwdVYyUVJhWHNGT2Qybi9jUT09>
- Sunday, September 13 7pm Eastern - Nalbinding 101a York Stitch
- <https://zoom.us/j/91337210247?pwd=MlpSU1FtS0hMZ3V2YkhQVDZsdUNxQT09>

Non-SCA: International Naalbinding Day is September 1! A good excuse to try it out or work on an old project.

Thursday, September 3 10 am Eastern - Virtual: Cleveland Museum of Art Presents Medieval Masterpieces: <https://www.facebook.com/events/586150455407229>

Cleftlands Officers' Contact Information

- Baron: Baron Crispin de la Rouchefoucauld; baron@cleftlands.org
- Baroness: Baroness Gianna Vettori; baroness@cleftlands.org
- Seneschal: Lady Claricia de la Mere; seneschal@cleftlands.org
- Exchequer: Lord Robert atte Northclyfe; exchequer@cleftlands.org
- Chatelaine: Lady Shahzada Ishfahani; chatelaine@cleftlands.org
- Web Minister: Lady Brangwayn Snowden; webminister@cleftlands.org
- Social Media Coordinator: Lady Æthelwynn Skerra Dimma; social@cleftlands.org
- Herald: Sergeant Njall Orkneyjarsen; herald@cleftlands.org
- Minister of Arts & Sciences: Baroness Angharad ferch Tangwystl; moas@cleftlands.org
- Knight's Marshal: Baroness Constanza de Mendoza; knightsmarshal@cleftlands.org
- Rapier Marshal: Lady Ragna Storrada Ulfisdottir; rapiermarshal@cleftlands.org
- Archery Marshal: Lord Cadfan of the Autumn Wood; archery@cleftlands.org
- Youth Marshal: Sergeant Bastian Eychener; youthmarshal@cleftlands.org
- Chronicler: The Honorable Lady Jolicia atte Northclyfe; chronicler@cleftlands.org
- Minister of Youth: Lord Rojhon the Wanderer; youthminister@cleftlands.org
- Demonstration Coordinator: Lord Carl of Cleftlands; demo@cleftlands.org
- Gold Key: Lady Fritha Eikbrandrsdottir; goldkey@cleftlands.org
- Iron Key: Lord Tryggr Gillason; ironkey@cleftlands.org
- Quartermaster: Lady Sarra Bossard; quartermaster@cleftlands.org

This Week in History

August 30 1574 - Guru Ram Das becomes the Fourth Sikh Guru/Master.

August 31 12 - Happy birthday to Caligula, former emperor of Rome.

September 1 1449 - Mongols capture the Emperor of China.

September 2 1192 - King Richard I and Saladin sign the Treaty of Jaffa, leading to the end of the 3rd Crusade.

September 3 301 - San Marino is founded, which is the oldest republic still in existence today.

September 4 1342 - [Anna, Empress of Trebizond](#), is strangled after being deposed from the throne.

September 5 1548 - Catherine Parr, last queen of Henry VIII, dies in childbirth after marrying Thomas Seymour.

Upcoming Events

- Thursday, September 3 8pm EST Virtual Armorers' Guild Meeting - <https://www.facebook.com/events/327411918397483/>
- Thursday, September 10 8pm EST Virtual Armorers' Guild Meeting - <https://www.facebook.com/events/327411918397483/>

As of January 23, 2019, the Cleveland Museum of Art is an Open Access institution, using the Creative Commons Zero (CC0) designation for high-resolution images and data related to its collection. This means the public now has the ability to share, collaborate, remix, and reuse images of many as 30,000 public-domain artworks from the CMA's world-renowned collection—all without asking permission. In addition, portions of collections information (metadata) for more than 61,000 artworks, both in the public domain and those works with copyright or other restrictions, are now available.

This is a publication of the Barony of the Cleftlands, part of the Middle Kingdom of the Society for Creative Anachronism, Inc.. This is the August 30, 2020 issue of Internebbles, a publication of the Barony of the Cleftlands of the Society for Creative Anachronism, Inc. (SCA, Inc.). Internebbles is edited by and available from Karin Strippel (clariciadlm@gmail.com). It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright © 2020 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.